

**Ask your child to tell you what they like most about the internet and why e.g. sites they visit, ways to communicate, games they play etc.**

**What does a better internet mean to them?**  
(Is it safer, kinder, more fun, with more to do, fewer age restrictions etc?)

**Ask your child what they would like others to do, to improve or change the internet and make it a better place.**

**What could your child do themselves to make the internet a better place?**  
Do they have creative skills, or ideas, to design a great new website or app?

**Encourage your child to do good digital deeds to help others.**  
Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.

**Ask your child if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.**

**Think about how you each use the internet.**  
What more could you do to use the internet together?  
Are there activities you could enjoy as a family?

**Ask them to tell you how they stay safe online.**  
What tips do they have for you, to deal with online issues, and where did they learn them?

For more information and advice, visit  
[www.saferinternet.org.uk](http://www.saferinternet.org.uk)